LUNCHTIME MENU TUES - FRI 12 - 3

LANA

GRAZING BOARDS

Designed to share (or enjoy alone!), served with fresh breads & tapenade

Cumbrian Ham, Solway Salami, Penrith Smokie Sausage, Smoked Ham Hock & Chicken Terrine, Appleby Hootenanny, Eden Chieftain * ' sundried tomatoes, apple chutney, roasted walnuts, dried apricots – £19.95/£10.50

Smoked Salmon, Salt & Pepper Squid, Royal Greenland Prawns, Smoked Peppered Mackerel * ^

tartare sauce, avocado, pink pickled onions - £19.95/£10.50

Chickpea, Lemon & Tahini Hummus, Beetroot Falafel, Halloumi Fries, Spinach & Cheese Borek *

mixed leaves, stuffed cherry peppers, olives (v)- £17.25/£9.50

Please ask about our daily special SOUP & SIDES Homemade Soup (v) * ^ crusty farmhouse roll £6.25 Truffle & Parmesan Fries (v) * ^ Sweet Potato Fries (v) * ^ Feta & Olive Salad (v) * ^ all £2.95

SANDWICHES served on toasted sourdough or soft brioche roll salad leaves, coleslaw & vegetable crisps

Smoked Scottish Salmon* creamed cheese, cucumber – (v) £8.95

Shredded Duck Breast hoi sin sauce, pickled ginger – £8.95

Avocado & Goats Cheese* roasted red pepper, sun dried tomato pesto -£7.50 Appleby Eden Chieftain *

Eden Valley Chicken Caesar gem lettuce, parmesan shavings – £7.95 **Appleby Eden Chieftain** * red onion marmalade, candied walnuts - £7.95

Gluten free option available - *. Dairy free options available - ^. Vegetarian - (v)

Bur Favourite Lunchtime

Typples....

Tea & Coffee Cappuccino £3.95 Latte £3.95 Flat White £3.95 Americano - £3.95 Cafetiere - £4.25 Selection of Teas - £3.65 Hot Chocolate - £3.65

Refreshing & Alcohol Free...

Moscow Mule Mocktail – £2.25 sparkling ginger beer, freshly squeezed lime

> **St Clements** – £2.50 freshing bitter lemon, orange juice

Sparking Elderflower - £2.25 elderflower cordial, soda water

Cakes & Bakes

Homemade Scone - £3.25 clotted cream, strawberry jam *

> Sweet Treats - £2.95 Homemade brownie or traybake * ^

Lunchtime Wine Suggestions...

Pinot Grigio, Italy - Light & neutral with a hint of green fruit £22.00*
Percorino, Italy- Fresh & fruity light bodied white wine £28.50
Tempranillo Rose, Spain - Sweet & refreshing, never
a bad idea! £22.00 *

Malbec, Argentina – Mid bodied with a dark berry aroma £22.00 Pinot Noir, New Zealand– Light & fruity with spicy notes £39.00 Prosecco, Italy – Lunch time bubbles always taste better! £29.50*

Prices above are for 75cl bottles, * - available by the glass Please ask if you would like to see our full wine list.

Please notify us of any allergens or dietary requirements